

**Linda Kreger Silverman  
Biographical Information  
Gifted Adults**

**Linda Kreger Silverman, Ph.D.**, is a licensed psychologist, noted author, editor, researcher, and popular speaker. She founded the Institute for the Study of Advanced Development (ISAD), an organization devoted to the study of gifted adults and undeveloped potential in women. She also founded its subsidiaries, Gifted Development Center ([www.gifteddevelopment.com](http://www.gifteddevelopment.com)) and Visual-Spatial Resource ([www.visual-spatial.org](http://www.visual-spatial.org)). Since 1989, ISAD has published the only psychological journal on adult giftedness, *Advanced Development*. The journal showcases Dabrowski's theory of positive disintegration and promotes the work of gifted women. She organized a symposium on gifted adults in 2011, an International Congress on Dabrowski's theory in 2012, and a symposium on gifted women, June 2, 2018.

**NONPROFIT ORGANIZATIONS**

Institute for the Study of Advanced Development, 1985 - present  
The Gylanic Center, 1994 - present

**INSTRUMENTS**

*Characteristics of Giftedness in Adults Rating Scale*  
*Responsiveness Scale for Executives*  
*Characteristics of Introversion in Adults Scale*  
*Personal Characteristics Scale* (with Karen Rogers)

**CONCEPTUAL CONTRIBUTIONS**

The Visual-Spatial Learner  
Felder-Silverman Learning Styles Model (with Richard Felder)  
Giftedness as Asynchronous Development (with other founders of the Columbus Group)  
Feminine Development through the Life Cycle (with Sharon Conarton)  
A Developmental Model for Counseling the Gifted  
Giftedness Defined as Advanced Development  
*Advanced Development Journal*, the only refereed psychological journal on gifted adults

**EXPERIENCE AS A THERAPIST/SUPERVISOR**

Began seeing clients under the supervision of Dr. Lenore Walker, 1976  
Became licensed as a counseling and clinical psychologist in Colorado, 1979  
Maintained a private practice with gifted adults from 1979 to 2006  
Supervised other therapists from 1979 to 2015

**GRANTS**

University of Denver Faculty Research Grant to conduct a study of the emotional development of gifted adults, 1980

**BOOKS**

Silverman, L. K. (1995). *Advanced development: A collection of works on giftedness in adults*. (Ed.) Denver: Institute for the Study of Advanced Development.  
Silverman, L. K. (1988). *Developing giftedness in girls and women*. Denver: Gifted Child Development Center.

## CHAPTERS

- Silverman, L. K., & Miller, N. B. (2014). Dabrowski's theory and *Advanced Development Journal*: How it began and where we are today. *Advanced Development, 14*, 73-88.
- Silverman, L. K. (2006). Ik ben niet hoogbegaafd, ik ben gewoon vlijtig: Niet erkende hoogbegaafdheid bij vrouwen. I'm not gifted; I'm just busy: Unrecognized giftedness in women. In van Kempen, A. (Ed.) *Reader hoogbegaafd-en-work 2006* (pp. 17-31). Voorburg, The Netherlands: Kuipers & van Kempen.
- Silverman, L. K. & Conarton, S. (2005). Gifted development: It's not easy being green. In D. Comstock (Ed.), *Diversity and development: Critical contexts that shape our lives and relationships* (pp. 233-251). Pacific Grove, CA: Wadsworth/BrooksCole.
- Silverman, L. K. (2002). Visual-spatial adults and the future of education. *Upside-Down Brilliance: The Visual-Spatial Learner* (pp. 333-358). Denver: DeLeon.
- Silverman, L. K. (1996). Giftedness and gender in historical context. In K.D. Arnold, K.D. Noble, & R.F. Subotnik, (Eds.), *Remarkable women: Perspectives on female talent development* (pp. 23-48). Cresskill, NJ: Hampton.
- Silverman, L. K., & Maxwell, E. (1995). Inner conflict as a path to higher development: Mid-life crisis re-examined. In L. K. Silverman (Ed.) *Advanced development: A collection of works on giftedness in adults* (pp. 57-64). Denver: Institute for the Study of Advanced Development.
- Silverman, L. K. (1993). Waarom het wiel opnieuw uitvinden? (Why reinvent the wheel?) In E. Braat (Ed.), *Hoogbegaaftheid wat betekent dat?* (pp. 29-34). Utrecht, Holland: Dutch Mensa Association.
- Silverman, L. K. (1990). It all began with Leta Hollingworth: The story of giftedness in women. In J. Ellis, (Ed.), *Girls, women and giftedness* (pp. 14-27). Monroe, NY: Trillium.
- Silverman, L. K. (1990). The crucible of perfectionism. In B. Holyst (Ed.), *Mental health in a changing world*. Warsaw: The Polish Society for Mental Health.
- Silverman, L. K., & Conarton, S. (1988). Feminine development through the life cycle. In M. A. Douglas & L. E. Walker (Eds.), *Feminist psychotherapies: Integration of therapeutic and feminist systems* (pp. 37-67). Norwood, NJ: Ablex.
- Silverman, L. K. (1988). Developmental stages of giftedness: Infancy through adulthood. In J. VanTassel-Baska (Ed.), *Excellence in educating gifted & talented learners* (2nd ed., pp. 145-166). Denver: Love.

## ARTICLES IN JURIED JOURNALS

- Silverman, L. K. (1995). Why are there so few gifted women? *Roeper Review, 18*, 5-13.
- Miller, N., Silverman, L. K., & Falk, R. F. (1994). Emotional development, intellectual ability and gender. *Journal for the Education of the Gifted, 18*, 20-38.
- Silverman, L. K., & Conarton, S. (1993). Giftedness and the development of the feminine. *Advanced Development, 5*, 37-58.
- Silverman, L. K., & Maxwell, E. (1991). An interview with Jean Houston: Evocateur of the larger universe. *Advanced Development, 3*, 1-14.
- Silverman, L. K., & Kearney, K. (1989). Parents of the extraordinarily gifted. *Advanced Development, 1*, 41-56.
- Silverman, L. K. (1988). Response to "Toward a holistic psychology of valuing" by W. J. Hague. *Counseling and Values, 33*(1), 60-63.
- Felder, R. M., & Silverman, L. K. (1988). Learning and teaching styles in engineering education *Engineering Education, 78*(7), 674-681. (**awarded; most cited article in engineering education**; introduced Felder-Silverman Learning Styles Model)

- Miller, N. B., & Silverman, L. K. (1987). Levels of personality development. *Roepers Review*, 9, 221-225.
- Piechowski, M. M., Silverman, L. K., & Falk, R. F. (1985). Comparison of intellectually and artistically gifted on five dimensions of mental functioning. *Perceptual and Motor Skills*, 60, 539-549.

### ARTICLES IN NONJURIED JOURNALS & NEWSLETTERS

- Silverman, L. K. Are you an unrecognized gifted adult? *Giftedness in Adults Rating Scale*. Posted on Gifted Development Center website May 24, 2018.  
<http://www.gifteddevelopment.com/updates-announcements/are-you-unrecognized-gifted-adult>
- Silverman, L. K., & Maxwell, E. (2014). Are you an undetected gifted adult? *MCGT Outlook* (Minnesota Council for the Gifted & Talented), 39 (5) (Nov./Dec.), pp. 1, 5.
- Silverman, L. K. (2012, January 18.) 100 words of wisdom. *SENG Newsletter*.  
[\[http://myemail.constantcontact.com/SENGVine-January-2012-Announcements.html?soid=1102289134078&aid=WBJC3ju0ulU#LETTER.BLOCK28\]](http://myemail.constantcontact.com/SENGVine-January-2012-Announcements.html?soid=1102289134078&aid=WBJC3ju0ulU#LETTER.BLOCK28)
- Silverman, L. K., & Maxwell, E. (2010). Inner conflict as a path to higher level development in women. *MENSA Research Journal: The Best of MRJ*, 41(2), 18-23; *MENSA 27 Research Journal*, 1989, 27, 42-49.
- Silverman, L. K. (2001, June). Appreciate your own giftedness. *Christchurch Association for Gifted Children Newsletter* (Christchurch, New Zealand), pp. 15-16.
- Silverman, L. K. (1996). Sir Lancelot and Dabrowski: A case study. *The Dabrowski Newsletter*, 2(4), 5-6.
- Silverman, L. K. (1989, October). Persoonlykheids ontwikkeling en hoogbegoaftheid. (Personality development and giftedness.) *Dutch Mensa Bulletin*, pp. 21-29.
- Silverman, L. K. (1994). Asynchrony in adults. *Understanding Our Gifted*, 6(3), 7.
- Silverman, L. K. (1987, December). Rozwoj osobowosci: Dazenie do doskonalosci (Personality development: The pursuit of excellence). *Wiara i Odpowiedzialnosc*, (15)12, pp. 55-63. (Warsaw, Poland).
- Silverman, L. K. (1987, March). The crucible of perfectionism. *Integra: The Journal of Intertel*, 0(3), 78-79.
- Silverman, L. K. (1987). The pursuit of self-perfection. *Matrix: Magazine of Denver MENSA*, 23(4), 13.
- Silverman, L. K. (1986). Personality development and the gifted. *MENSA Bulletin*, No. 299, 1416.

### PROCEEDINGS & FOREWORDS

- Foreword for *Pearl in a petri dish*, by Bruce Allen. Rancho Mirage, CA: Enchanted Forest Press (in press).
- Foreword for *Peace within, peace between: Easy-to-use applications of the theories of Virginia Satir, the founder of Family Therapy*, by Linda Powers Leviton. Palo Alto, CA: Science & Behavior Books, 2013.
- Foreword for *Enjoying the gift of being uncommon: Extra intelligent, intense, and effective*, by Willem Kuipers. Zoetermeer, the Netherlands: Free Musketeers, 2010.
- Foreword for *Annemarie Roepers: Selected writings and speeches*, by Annemarie Roepers. Minneapolis, MN: Free Spirit, 1995
- Miller, N. M., & Silverman, L. K. (1991, April). The gifted woman: A contradiction in terms? *Proceedings of the North Central Sociological Association Meeting*, Dearborn, MI.
- Silverman, L. K. (1990). The emotional development of the gifted over the life-span. *Proceedings of Symposium on the Developmental Potential of the Gifted* (pp. 59-73). Williamsburg, VA: College of William and Mary.

## **BOOK REVIEWS**

- Silverman, L. K. (1991). What the media says about IQ testing: A review of *The IQ controversy, the media and public policy*. *Gifted Child Quarterly*, 35(3), 153-156.
- Silverman, L. K. (1991). Rediscovering a treasure—*Leta Stetter Hollingworth: A Biography*. *Highly Gifted Children*, 7(1), 4.

## **UNPUBLISHED ARTICLES**

- Giftedness in Adults*  
*It's Not Easy Being Green*  
*I Used to Be a Gifted Girl*

## **RESEARCH INTERESTS**

- Emotional development of gifted adults

## **GRADUATE AND UNDERGRADUATE COURSES TAUGHT**

- Advanced Counseling Techniques  
Basic Counseling Techniques  
Counseling the Gifted  
Counseling Women  
Dabrowski's Theory  
History and Systems of Psychology  
Personality Theory

## **SUPPORT GROUPS**

- Founded PG Retreat, a family camp for parents of exceptionally gifted children (160+ IQ), 2002 - present  
Organized a counseling group for profoundly gifted teens, Denver, CO, 1992  
Organized a 12-week support group for gifted women (with Sharon Conarton), 1989-1990  
Founded POGO, a support group for parents of exceptionally gifted children (160+ IQ), 1985-2008  
Organized ACCESS to Excellence, a supervision group for therapists of the gifted, 1985-1988  
Organized a parent forum (counseling group for parents of gifted children), Boulder, CO, 1976-1978  
Organized Americans for Peace for college students, Los Angeles, 1971-1972  
Organized the Association for Creative Talent (counseling group for gifted adolescents), Los Angeles, CA, 1965-1970

## **RESEARCH AND THEORY GROUPS**

- The Visual-Spatial Learner Study Group, Gifted Development Center, 1992-2001  
The Dabrowski Study Group, University of Denver, 1980-1985  
The Philosophical Society, Buffalo State Teachers College, 1959-1961

## **PRESENTATIONS**

- Understanding adult giftedness and work.*** Keynote address for the Future of Work Summit, 40<sup>th</sup> Anniversary of Susan Van Vleet Consultants, Westlake Village, CA, August 16, 2019.

- At what point does water become steam?*** Global Gathering of the Triple Nine Society (ggg999), Denver, CO, Sept. 2, 2018.

- Introverts and extraverts: Different realities.*** Gifted Children Denmark symposium, Sorø, Denmark, May 2, 2018. ***MBTI types and giftedness.*** Fairview High School gifted counseling group, October 25, 2017.

- Personality types on the MBTI.*** North Carolina State University Engineering Department, Raleigh, NC, Feb. 4, 1986.

- Imposters: Women with right-hemispheric gifts.*** PG Retreat, Colorado Springs, July 1, 2017. ***Imposters? Gifted women with right-hemispheric gifts.*** Baywood Learning Center, Oakland, CA, Oct. 17, 2009;

***Upside-Down Brilliance: Women with right-hemispheric gifts.*** YWCA Maricopa County, Phoenix, AZ, April 30, 2009.

***Creating a sanctuary for gifted empaths*** (with Catherine Zakoian), Westminster, CO, March 7, 2015.

***Gifted for life.*** Invited speaker, Colorado Association for Gifted/Talented, Oct. 7, 2013; PG Retreat 2013, Colorado Springs, CO, July 5, 2013; invited speaker, Colorado Association for Educators of Gifted, Talented and Creative, Golden, CO, Jan. 26, 2013. ***Being out-of--sync: Still gifted after all these years.*** Gifted Development Center: First symposium on adult giftedness. (Also symposium organizer). Lafayette, CO, April 12, 2011. ***Advanced Development: A new perspective of adult giftedness*** (with Nancy Miller). National Association for Gifted Children 57<sup>th</sup> Annual Convention, Atlanta, GA, Nov. 13, 2010. ***Giftedness throughout the life cycle.*** *Keynote address*, Washington Association of Educators of Talented and Gifted (WAETAG) Conference, Vancouver, WA, Oct. 22, 1998; *Keynote address*, WAETAG Conference, Yakima, WA, March 20, 1993; Equity and Excellence Conference, Detroit, MI, Nov. 21, 1992; *Keynote address*, WAETAG Conference, Seattle, WA, April 20, 1990. ***The emotional development of the gifted over the lifespan.*** Symposium on the Developmental Potential of the Gifted. College of William and Mary, Williamsburg, VA, March 31, 1990.

***Dabrowski's Theory of Positive Disintegration: A process of development*** (with M. Kane, J. Frank, P. Gatto-Walden & T. Bradley)(symposium organizer). World Council for Gifted and Talented Children 20<sup>th</sup> Biennial Conference, Louisville, KY, Aug. 12, 2013. ***Dabrowski's Theory and Advanced Development Journal*** (with N. Miller & B. Maxwell), Tenth International Dabrowski Congress, Denver, CO, July 20, 2012. ***International Panel*** (moderator) (with E. Hyzy, E. Mika, J. Frank, M. Kane & K. Laycraft), Tenth International Dabrowski Congress, Denver, CO, July 21, 2012. (Also Conference organizer). ***Dabrowski's theory: Overexcitabilities and levels.*** Baywood Learning Center, Oakland, CA, Aug. 31, 2010; Broomfield Academy, Broomfield, CO, Aug. 13, 2010. ***Dabrowski's Theory of Positive Disintegration*** NAGC 56<sup>th</sup> Annual Convention, St. Louis, MO, Nov. 4, 2009. ***Visual-spatial brilliance: A Dabrowskian perspective.*** *Keynote address* for the 100<sup>th</sup> birthday celebration of Dr. Kazimierz Dabrowski, Ft. Lauderdale, FL, Nov. 9, 2002. ***Dabrowski's theory of emotional development.*** *Keynote address*, Johnson State College, Burlington, VT, July 1, 1999; *Keynote address*, Simon Fraser U., Vancouver, BC, Canada, Sept. 20, 1996; Annual Dabrowski Training Workshop (Instructor). U. Wisconsin at Madison, June 7-9, 1996; June 14-18, 1995; Lake Geneva, WI, June 25-27, 1993; Ashland University, Ashland, OH, 1990, 1991 and 1992 (1990 sessions videotaped). ***Dabrowski-based counseling for the gifted*** (with M. Piechowski, K. Colangelo, S. Jackson, C. Hazell, & P. Gatto-Walden). World Council for Gifted and Talented Children 12<sup>th</sup> Biennial Conference, Seattle, WA, July 30, 1997 (Symposium organizer). ***Dabrowski Symposium and Retreat.*** Institute for the Study of Advanced Development, Keystone, CO, June 7-11, 1994 (Symposium organizer). ***Dabrowski's legacy to the study of giftedness.*** World Council for Gifted and Talented Children, 10<sup>th</sup> Biennial Conference, Toronto, ON, Canada, August 10, 1993. (Symposium organizer.) District-wide inservice, Telluride Schools, Telluride, CO, March 20, 1992; Dutch Mensa, The Hague, Holland, August 1, 1991; University of Denver, Denver, CO, March, 1985 (audiotaped). ***The theory of positive disintegration and its implications for giftedness*** (with Bernita Ellsworth), Third International Conference on the Theory of Positive Disintegration. University of Miami School of Medicine, November, 1980.

***Upside-Down Brilliance: The visual-spatial learner.*** The January Series (taped), Calvin College, Grand Rapids, MI, Jan. 17, 2006; Maria J. Krabbe Foundation on Visual Thinking, Driebergen, The Netherlands, Nov. 22, 2005; Bridges Academy, Sherman Oaks, CA, May 19, 2004. ***Upside-down Brilliance: The VSL/ADD connection.*** Pre-conference presentation for Children and Adults with ADD Conference, Denver, CO, Oct. 29, 2003. ***Visual-spatial learners.*** Arts Dyslexia Trust Symposium, Green College, Oxford University, Oxford, England, Nov. 18, 2000. ***Visual-spatial learners: The power of images and I think in pictures: Am I a visual-spatial learner?*** Conference on The Visual-Spatial Learner, London College of Printing, London, England, Nov. 16, 2000. ***Identifying visual-spatial and auditory-sequential learners: A validation study.*** ***The visual-spatial learner.*** Invited address for the 2000 Henry B. and Jocelyn Wallace National Research Symposium on Talent Development, University of Iowa, May 18, 2000. ***Toward the***

**construction of an instrument to assess visual-spatial learners.** The Henry B. and Jocelyn Wallace National Research Symposium on Talent Development, University of Iowa, Iowa City, IA, May 19, 1995.

***I'm not gifted, I'm just busy.*** Gifted Women's Symposium, Westminster, CO, June 2, 2018; Rocky Mountain School for the Gifted and Creative, Boulder, CO, Oct. 27, 2005. ***Gifted women.*** American Association for University Women, Evergreen, Colorado, May 14, 1994; Illinois Gifted Education 25<sup>th</sup> Anniversary Conference, Dec. 6, 1988. ***Gifted girls and gifted women.*** The Feminist Therapy Project, Denver, CO, Nov. 9, 1990. ***Emotional development of gifted women*** (with Margaret Lipp). Women and Giftedness Conference, University of Lethbridge, Lethbridge, AB, Canada, May 25-27, 1987. ***Recognizing ourselves: Women of high potential.*** Keynote address, Women of High Potential Conference, University of Washington, Seattle, WA, Sept. 26, 1986. ***Women and giftedness: An endangered species.*** Keynote address, A Matter of Heart Conference, Yakima, WA, March 21, 1986. ***The development of giftedness in females.*** Denver Women's Forum, Denver, CO, March 26, 1985. ***Feminine potential.*** Colorado Association for the Gifted and Talented 2<sup>nd</sup> Annual Conference, Regis College, Denver, CO, November, 1975.

***Issues in psychotherapy with the gifted.*** Australian Psychologist Society, Sydney, NSW, Australia, April 23, 1999.

***Liberation of the conscious feminine: A new paradigm of women's development*** (with Sharon Conarton). International Conference for Advancement of Private Practice in Clinical Social Work, Santa Fe, NM, June, 1993.

***Developing creativity.*** Keynote address, Gifted Education Conference, Rifle, CO, Oct. 14, 1991.

***Giftedness as advanced development: A nonsexist conception*** (with Deirdre Lovecky and Barbara Kerr). American Psychological Association 99th Annual Convention, San Francisco, CA, Aug. 17, 1991.

***Emotional development and intellectual ability*** (with Nancy Miller and R. Frank Falk). Henry B. & Jocelyn Wallace National Research Symposium on Talent Development, University of Iowa, Iowa City, IA, May 17, 1991.

***Whoever heard of a gifted mommy?*** Workshop for the Women's Healing Project, Denver, CO, April 20, 1991.

***Learning and teaching styles in engineering education*** (with Richard Felder). American Institute of Chemical Engineers Annual Meeting, New York, NY, Nov. 18, 1987. (Awarded paper.)

***A comparison of gifted and artists on five dimensions of mental function*** (with Michael M. Piechowski, R. Frank Falk, & Keith Cunningham). American Educational Research Association Convention, New York, NY, March, 1982.

***Inner conflict as a path to higher development in women*** (with Elizabeth Maxwell Schupp). American Psychological Association 89th Annual Convention, Los Angeles, CA, August, 1981.

***What is intelligence?*** Keynote address, Inter American University of Puerto Rico Conference on Giftedness, San German, Puerto Rico, April, 1980 (**3-hour audiotapes**).

***Women seeking alternative lifestyles.*** American Psychological Association Division of Psychotherapy Midwinter Convention, Scottsdale, AZ, March, 1978.

***The development of creativity in women.*** Keynote address, Conference on Creativity, Fairhaven College, Bellingham, WA, January, 1978.

***Women and relationships.*** American Psychological Association Division 35 Midwinter Meeting, Colorado Women's College, Denver, CO, Dec., 1977. (Also conference co-coordinator),

***Educating your teachers—techniques for students.*** Colorado Women's College, Denver, CO, November, 1976.

***Emotional development of gifted individuals.*** University of Oregon, Eugene, OR, May, 1975.

***Education for hypocrisy.*** ("The Great Con Game.") California Scholarship Federation, Sepulveda, CA, March, 1970.

***Scholarship Preparation Course.*** Gifted Children's Association of the San Fernando Valley (12-week course for teens), 1965-1970.